



# Ingredients

## LAVA SLIME

MESSY & TASTE-SAFE




Condensed milk




Cornflour



Ground cinnamon




Red food colouring



Saucepan and wooden spoon

## LAVA LAMP


NON-MESSY




Bicarbonate of soda



Vinegar



Orange food colouring



Baby oil (and optional warming essential oil)



Long glass or jug