## OIL & WATER SENSORY BAG

For those who don't like the feeling of mess or wetness - this sensory bag is a wonderful option for feeling the squidge without getting mucky! Fill your bag and prod and poke to create blobs of different shapes and sizes.

STEP 1

Get your sealable bag and fill with baby oil.

You might want to do this over a sink or some towels.



## STEP 3

Squeeze as much air out as you can and **seal your bag**, securing with gaffa tape to be extra safe.





## STEP 2

Drop some blue food colouring into the bag, not too much but enough to create some blobs.



## STEP 4

Either play with the bag in your hands or stick to a window or the side of the bath.