

# Access Pack.



# Welcome to the Seedling access Pack.

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### About the installation

**Seedling** is an exciting new audio installation by Northampton artist Helen Crevel focused on potential motherhood, environmental responsibility, and consumerism. As you wander around Grosvenor Centre, Northampton, we invite you to take the time to stop and reflect; to consider the changes you would like to see in the world, and to ask yourself 'How do we live with hope?'

The audio installation seeks to provoke conversation around motherhood and the environment, connecting them to our geographical and cultural heritage, and family legacies. The installation will be housed in a specially designed space in the Grosvenor Centre in Northampton – its dome-like shape will be covered in textiles and fabrics, while the inside will be more like a domestic space, like stepping into someone's home.

The development of the piece included conversations with pairs of mothers and daughters about their conversations surrounding the decision to have children or not. These conversations will address bringing a child into the world in its current state and what changes we see happening in the future.

The final piece will be made accessible, with a BSL video version and a written version on-site and available digitally, audio description and will have wheelchair access.

### Structure and visuals

On the Upper Mall (FIrst Floor) of the Grosvenor Shopping Centre a shop has been occupied by a patchworked tent with a cosy place to sit and listen inside, maybe it will remind you of home?

You will be welcomed in by one of the team and invited to take a seat. You can listen to this story by yourself or with another person. You put on headphones and press the button to start a short recording. The story is about one woman's question about the decision to have a child, as our climate is under threat, what sort of future would they have? Starting here, in this shopping centre the story tells us how an unexpected encounter with the wild, and connecting to her roots, change the course of her life.

After you have listened to the story you are invited to take a moment to rest and relax. You can join in and weave on our loom or just enjoy a quiet moment of time to yourself. You will be able to share your reflections on what you have listened to and thoughts on how we can live with hope, what actions we can to care for our home, the earth, and what we want to pass onto the next generation.



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# Your journey



There is a welcome mat at your feet. You step over the threshold into a nearly circular space, lit by table lamps, walls made from light beige canvas. Beneath your feet are worn rugs of different colours and styles. There is a pole in the very centre of the space, holding up the roof, which is yet more of the canvas.

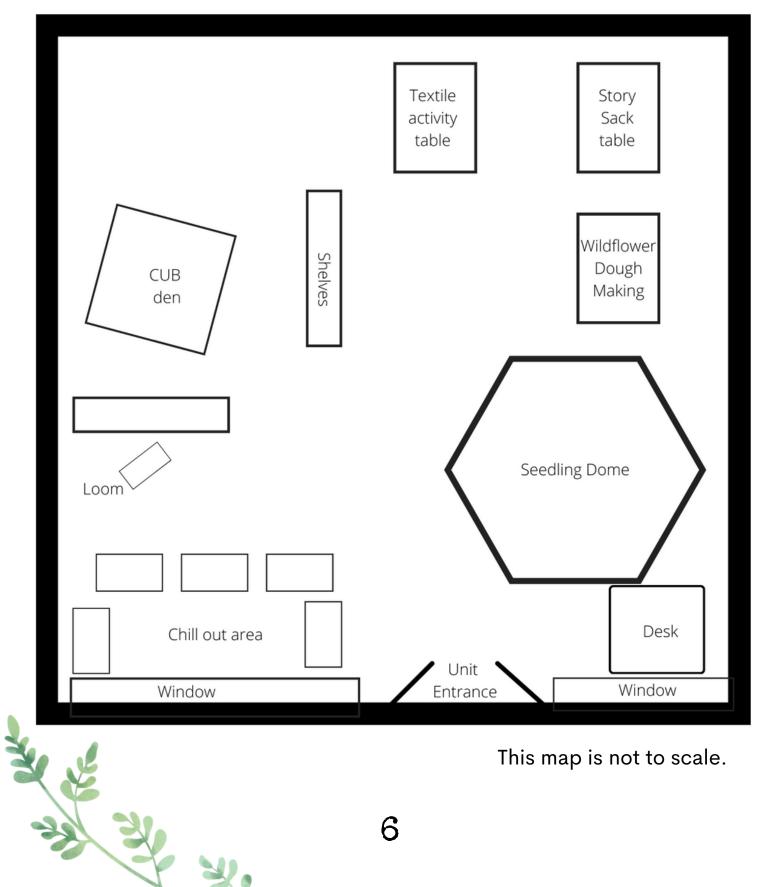
To your right, a yellow, wing-backed armchair sits next to a cream and brown footstool, both with a pair of headphones available to use. Towards the back of the space, sits a 60's style radiogram wooden cabinet, a variety of objects – a phone, a lamp, a clock – sit on top. Next to the radiogram cabinet, you'll find a dining room chair with another pair of headphones to use.

Beside the dining room chair, curving around to the left, is a smaller wooden table, housing VHS tapes, plants and photo frames, with sketched images of extinct animals. These sketches can also be seen on the canvas of the tent walls. Old yoghurt and soup pots have been repurposed into planting pots and placed in every available corner of the space, with little green shoots just poking out.

To the left of the space is a white fridge, its front holding various novelty magnets, photos, shopping lists. A rice cooker sits on top of the fridge. Next to the fridge is a cassette player hi-fi system.

# Map of the installation

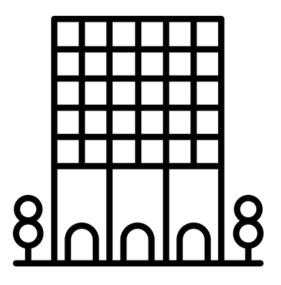
Here is a birds-eye view map of the layout of the installation and activity areas.



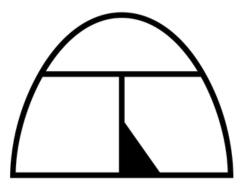
### Social Story

Seedling is an installation happening at Grosvenor Shopping Centre.

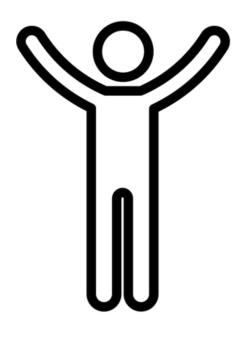




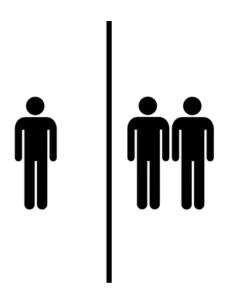
You will enter a patchworked dome. Around you will be different fabrics, threads and paper objects.



You will be welcomed in by one of the team and invited to take a seat.



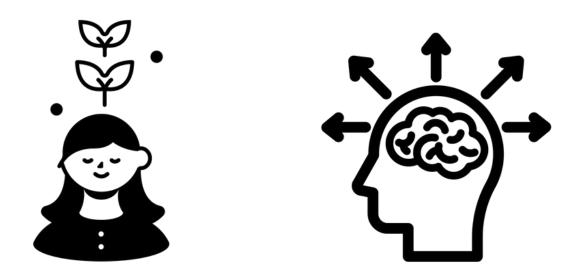
You can listen to the audio by yourself or with another person.



You can put on headphones and press the button to start the audio story.

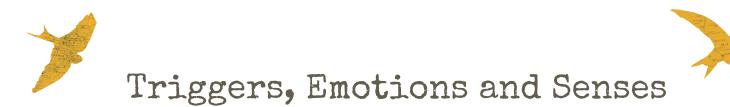


When the audio story has ended, you can take a moment to rest and relax if you like. You can share your reflections on what you have listened if you like.



When you are ready, you can leave the installation.





#### **Positive Triggers**

- Interest in environmental conversations
- Comfy enclosed space

#### **Negative Triggers**

- Total Blackout: No
- What is the audience lighting level?: The shopping centre and unit where the installation will be; both have bright lighting. Inside the installation lights will be dimmer with mid-level lighting.
- Flashing Lights or strobe: No
- Loud sounds/noises (inc. music): Some. E.G. thunder, rumbly sounds, sounds of things being broken far away.
- Repetitive noises: No
- High-pitched tones: No
- Workshop/manual activity: Optional moments of reflection with other participants.

#### Are participants required to...

- Walk around: No
- Undertake directed movement: No
- Read: No
- Draw: No
- Participate in pairs or groups with others: No

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# Triggers, Emotions and Senses

#### **Other Details**

- If participants are expected to use materials (eg: markers, pencils, scissors) what are these materials: If participants want to contribute to reflection activity afterward they can use paper, fabrics, pens for the giant weaving activity – optional
- If the activity is targeted towards this demographic, is it okay for a parent or carer to support children in participation: Yes (Age guidance 13+)

#### **Attention Span Information**

- Audio installation duration: 16 minutes
- Is there an intermission: No
- Does the audience need to sit in one place during the audio installation?: Yes, when wearing headphones as cables will limit movement but participants can stand, sit, move when not wearing headphones.
- Is it okay for audience members to make a noise/move around in the installation (ie: a relaxed performance): Yes



# Triggers, Emotions and Senses

#### Senses, Emotions, and Effects

- Does the installation have any distinctive smells: No. However, do not open the fridge door as it may release smell.
- Does the installation have any other special effects (eg: smoke machine, bubbles, etc): No
- Does the installation involve exploring any textures, and if so please specify: No
- Do any of the characters in the installation express anger: Yes – the main voice speaking experiences anger at climate breakdown and confusion, sadness, and uncertainty at the decision whether or not to have a child.
- To what extent is the installation dialoguedriven: It is a single person speaking, they recount dialogue with other characters. There is one moment of dialogue between two characters. There are two lines of Cantonese spoken.
- Further Notes: Set there is a mesh of twine in the interior with objects in it. There are plants. There is a fridge (not working) with family photographs, wedding invites, shopping lists on the front.